



Cooking Buzzing.....



**DEADLINE**  
**31/08/2020**

# SONAMUKHI COLLEGE

## Online Indoor 'Cook-off' Contest

অনলাইন গৃহমধ্যস্থ 'রান্না কর' প্রতিযোগিতা

**Theme : Vegetarian Recipes**

বিষয় : নিরামিষ প্রণালী

Organised by : Department of Physical Education  
In association with : Department of Political Science

Open only for running students of  
Sonamukhi College

### **Goals :**

1. Friendly competition between friends.
2. To engage students with cooking for stress-free life, as we all have passion for foods.
3. Although it's a casual event but still it focused on super valuable activity i.e. professional growth.

### **Rules & Regulations :**

1. Send (a) Name (b) Semester (c) UID (d) Contact No. (e) Mail ID
2. Think of your best recipe and cook-off, but don't forget to videography it.
3. For short videography preliminary preparation / pre-marinating is permitted.
4. Maximum time-limit of video recording is twenty minutes only.
5. Send your recipe and video-clippings link to [smsc14@gmail.com](mailto:smsc14@gmail.com)
6. For further queries call on - 9153826565
7. Best three position-holders will be duly honoured by the college-authority.

### **Jurying and Evaluation :**

1. Cooking ingredients, process and innovation	50
2. Flavour - qualities	20
3. Cleanliness and hygiene	20
4. Presentation of picture of dish	10
Total	100

Chief Patron :  
**Dr. Bappaditya Mandal**  
Principal  
Sonamukhi College, Bankura

Judges :  
A group of Judges headed by  
**Smt. Shyamalima Das**

Chief Advisor :  
**Indrajit Das**

Convenor :  
**Swarup Mukherjee**

Members : D. Neogi, K. Chatterjee, S. Chakraborty