



INTERNATIONAL DAY OF

yoga



ICPR  
INDIAN COUNCIL OF PHILOSOPHICAL RESEARCH

On the occasion of celebration of

**International Yoga Day 2020**

**The Department of Philosophy**

**Sonamukhi College**

( NAAC Accredited- B 2016-1st Cycle)

Sonamukhi, Bankura, West Bengal

(Affiliated to Bankura University)

Organizes

A National Webinar  
On

**“Yoga in Pandemic Situation:  
Theory and Practice”**

Date: 6th July'20 Time: 11a.m-1p.m

Sponsored by

**INDIAN COUNCIL OF PHILOSOPHICAL RESEARCH (ICPR)**  
New Delhi, India

Registration Link

[https://docs.google.com/forms/d/e/1FAIpQLSd2uIN\\_nOz8QHD3GwmmVwcLTGc5Y5Cw1G-](https://docs.google.com/forms/d/e/1FAIpQLSd2uIN_nOz8QHD3GwmmVwcLTGc5Y5Cw1G-LHNbTKh30--c3Vw/viewform)

[LHNbTKh30--c3Vw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSd2uIN_nOz8QHD3GwmmVwcLTGc5Y5Cw1G-LHNbTKh30--c3Vw/viewform)

**No Registration Fee**

**E-certificates will be provided to registered participants**

**Online Platform of Webinar**



Chief Guest

Prof. Deb Narayan Bandyopadhyay  
Vice-Chancellor, Bankura University

Special Guest

Prof. Jayanta Kumar Saha  
HOD, Department of law & IC (Addl. Charge),  
Bankura University

## Speakers



Topic: 'Relevance of Astangika Yoga in Present Situation (Covid-19)'

**Dr. Dhruva Acharyya**

Professor, Department of Philosophy, The University of Burdwan



Topic: 'The Concept of Mind in Yoga Philosophy'

**Mrs. Sangeeta Basu**

Assistant Professor, Department of Philosophy, Bankura University



Topic: 'Yoga for Health and Well-being during Covid-19 Period'

**Mr. Tarun Mondal**

Assistant Professor, Regional College of Physical Education,  
Govt. of Tripura, Panisagar, North Tripura

## Webinar Organizing Committee



Patron: Sri Surajit Mukherjee

Chairperson, Board of Administrators,  
Sonamukhi Municipality  
& President GB, Sonamukhi College



President & Chairperson of Webinar Organizing Committee

**Dr. Bappaditya Mandal**

Principal, Sonamukhi College

Convener(s):



**Mr. Ramprasad Kanrar**

Assistant Professor,  
Department of Philosophy, Sonamukhi College

&



**Mr. Jaydeep Singha**

Assistant Professor,  
Department of Philosophy, Sonamukhi College

**Chief Adviser: Smt. Sudhamayee Kumar, HOD,**  
Assistant Professor, Department of Philosophy, Sonamukhi College  
Advisory Members

Suchandra Chattopadhyay, Ashok Dhani, Milan Kundu  
and all Faculty Members & all NTS Members of Sonamukhi College  
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