



# NISTARINI COLLEGE

(NAAC ACCREDITED : 'A' GRADE WITH CGPA 3.13)

A NATIONAL LEVEL WEBINAR

On

## YOGIC CULTURE FOR WELLNESS IN POST COVID PERIOD

Organised by

Department of Physical Education, Nistarini College, Purulia

In collaboration with

Department of Physical Education, Sonamukhi College, Bankura



Date : 18<sup>th</sup> to 21<sup>st</sup> June 2021

Time – 9.00 am - 10:30 am

### Eminent Speakers



**CHIEF PATRON**

**Dr. Subal Chandra De**

Hon'ble President of G.B.  
Nistarini College, Purulia and C.O.E.  
S. K. B. University, Purulia



**PATRON**

**Dr. Indrani Deb**

Principal, Nistarini College,  
Purulia, West Bengal



**Dr. Mamata Malik**

Assistant Professor  
Manbhumi Mahavidyalaya,  
Purulia, West Bengal



**Dr. Sumalya Roy**

Assistant Professor  
Dept. of Physical Education  
Chatra Ramai Pandit Mahavidyalaya  
Bankura, West Bengal



**Dr. Gaurav Pant**

Assistant Professor  
College of Physical Education  
Bharati Vidyapeeth University,  
Pune, Maharashtra



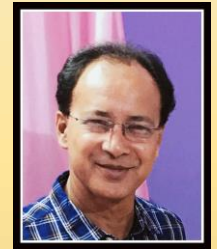
**Dr. Kallol Chatterjee**

Assistant Professor  
Department of Physical Education  
& Sport Science, Visva-Bharati



**Dr. Pintu Lal Mondal**

Assistant Professor  
Dept. of Physical Education  
School of Education  
Central University of South Bihar,  
Gaya, Bihar, India



**Dr. Malay Kumar Mukhopadhyay**

Asst. Professor in Physical Education,  
Post Graduate Government Institute for  
Phy. Edu., Banipur & Officer on Special  
Duty (Phy. Edn.) Education Directorate,  
Govt. of W.B., Bikash Bhavan

**Convenor –**

**Dr. Ushapati biswas TCS and Co-ordinator, Dept. of Physical Education,  
Associate Prof., Dept. of Bengali**

**Joint Convenor –**

**Mr. Pasupati Mahato, Dept. of Phy. Edu. Nistarini College**

**Mr. Swarup Kumar Mukherjee, Dept. of Phy. Edu., Sonamukhi College, Bankura**

#### Advisory Committee

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Prof. H. K. Mandal, Asso. Prof., Dept. of Mathematics  
Dr. P. Sarkar, Asso. Prof., Dept. of Bengali  
Prof. A. Maharatna, Asso. Prof., Dept. of Political Science  
Prof. D. R. Pramanik, Asso. Prof. (Bursar), Dept. of Philosophy  
Prof. N. D. Sannigrahi, Asso. Prof. (IQAC Convenor), Dept. of Botany  
Dr. R. Basu, Asso. Prof. (Member of G.B., Nistarini College), Dept. of Mathematics

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Dr. P. Dasgupta, Dept. of Phy. Edu.  
Prof. K. P. Mandal, Asst. Prof., Dept. of English  
Dr. Animesh Sahana, Asst. Prof., Dept. of Chemistry  
Mr. P. Mukherjee, Dept. of Environment Science  
Mrs. S. Mahato (Lady Attendant), Dept. of Phy. Edu.

• Webinar Platform: Google Meet with LIVE Streaming on YouTube

• Registration Fees : Free

• Mode of Language – Bengali, Hindi & English

• Registration will be closed by 11:59 PM on 17<sup>th</sup> June 2021

• E- Certificate will be provided to all registered participants only after filling up the Feedback form proper and timely at the end of the webinar.

• Participants are requested to join WhatsApp group by clicking on the link provided after submitting the Google Registration form.

• Contact E-mail - [phy.edn.nc@gmail.com](mailto:phy.edn.nc@gmail.com)



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